

27<sup>th</sup> International Conference on**PSYCHIATRY & PSYCHOLOGY HEALTH**

June 18-19, 2018 Paris, France

**Annamarie Paulsen**

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**Successful outpatient treatment of opiate addiction**

Looking forward to our "Sublocade launch" and looking back on over five years of outpatient treatment of opiate addiction in a suburban private USA psychiatric practice using Suboxone or generic buprenorphine. The presenter will give a detailed description of their experience using buprenorphine and naltrexone combination medications to treat opiate addiction. We will cover our successes and our struggles to treat clients who are opiate-dependent highlighting best practice methodologies. The attendees will be "brought into our clinic" to better understand how to liaison with therapists, community resources and family and friends. We will describe in detail our treatment protocol and our emphasis on 12- step principles and therapy techniques including DBT and Emotional Freedom Tapping. We will give real-life examples of these treatment modalities reinforce a growing sense of self-love, compassion and self- forgiveness. We will also review the use of these medications in clients with medical conditions and at varying stages of life. We will also highlight our early clinical experience with Sublocade, the new monthly injection form of buprenorphine. This new delivery system will eliminate some of the difficulties associated with the prescription of oral agents. We will present the management of our clients using this new delivery system.

**Biography**

Annamarie Paulsen is a Board Certified Child, Adolescent and Adult Psychiatrist and Former Nurse with over 35 years working in a multidisciplinary psychiatric setting in the US. She is a Medical Director in Rockdale Psychiatric Associates Conyers, Georgia USA. She has completed her Bachelor of Nursing in Medical College of Georgia. In Emory University, she has completed her Master's in Nursing. In University of Iowa, she accomplished her Master's in Preventive Medicine and Psychiatric Epidemiology. She has completed her Doctor of Medicine in Morehouse School of Medicine.

Kelli Bridgman is a Nurse Practitioner in Rockdale Psychiatric Associates. She completed as Associate in Science of Nursing in Lincoln Memorial University. In Emory University she pursued her Master of Science in Nursing & as Adult Nurse Practitioner. She did her extensive training in Internal Medicine, Psychiatry Inpatient and Outpatient & Consultation/Liaison Psychiatry. She is ANCC Board Certified & AANP Member.

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