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**The efficacy of Wellness Recovery Action Plan (WRAP) on patients with major depressive disorder in Gaza Strip****Mohammed Abu Shawish**  
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The Wellness Recovery Action Plan (WRAP) is framework help to develop an effective intervention to overcome distress symptoms and un-healthy behavior patterns. This study aimed to understand the efficacy of WRAP on patients with major depressive disorder in Gaza Strip. Depression pick scale was used to collect data from two groups (Eight participants). The first group includes four participants and the second one includes another four participants matched with age, gender, living area and degree of depression. This scale includes 21 domains, each domain has cluster of statements, these statements designed to meet the criteria of depression according to DSMIV-TR. The scale was translated to Arabic language and validated to be suitable for Arabic culture by two official institutions and the results were checked for discrepancies. We used probability simple random sample to select the governmental community mental health clinic and participants. Test-re-test was done to assess the level of depression before and after intervention program. Two participants were educated and had guidance to develop and use WRAP (New methods) for 10 weeks and the other two participants were continuing treatment using counseling and medication (routine method). The result of this study showed that the WRAP program had played a significant role in recovery among the group treated with WRAP (new method) in comparison with the other group (routine method) P value <0.05. The study recommended that a mental health education program about using WRAP should be established at primary and secondary level in all community mental health clinics in Gaza Strip to have a better recovery.

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