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Psychodynamic understanding of Daenerys Targaryen's life cycle, character from the series, game of thrones**Martini M, da Fonseca R C, Garbin H I, Palazzo L B and Bassols A M S**
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This article analyzes the psychological aspects of character Daenerys Targaryen, from Game of Thrones' series, seeking essentially to evaluate her cognitive, social and behavioral evolution, as well as the conflicts experienced to each stage of her life cycle and related adversity coping mechanisms. Through subjective interpretation of metaphoric symbols mentioned in the narrative, the literal reading of the story is extrapolated in order to comprehend representations of the character's unconscious domain. Daenerys goes through a troubled childhood due to her parents' death, fleeing from her home city, exile and mistreatment committed by her brother. Furthermore, events like marriage and early erotization are imposed to her, which disrespect her psychic development timing, causing shortening of her life cycle's stages and destabilization of the latency phase process and her pubertal development. Nevertheless, the experiences she goes through in this period, such as pregnancy and emancipation, associated to innate variants of her personality-docile temperament, high cognition and self-confidence in the ability of resolving difficulties, allow the expression of a resilient iconic figure, with the activation of mature defenses when facing vital or accidental crises. The study allows transpositions to contemporaneous reality of human development and observation of several mechanisms of psychic functions, besides the interaction between intrinsic and extrinsic variants, which modulate the expression of resilience when confronting distress. It contributes to the study of psychodynamic theory and may be of interest to doctors and psychologists, especially those directly involved in psychic development.

Recent Publications

1. Martini M, Fonseca R C, Garbin H I and Bassols A M S (2016) Psychodynamic understanding of Daenerys Targaryen's life cycle, character from the series-Game of Thrones. *Rev. Bras. Psicoter.*; 18(1): 55-67.

Biography

Martini M is a Medical student at UFRGS. Presently, he is working in multiple projects, such as evaluation of biochemical and molecular parameters of the brain and their clinical correlations in individuals who committed suicide, Brazil's Suicide Rate from 2000 to 2014 Stratified by Genre and Age and Hospital Waste: Is it possible to minimize the environmental impact of a big university hospital? He also taught as monitor in fundamentals of microbiology, medical histology and medical physiology classes.

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