Murilo Martini et al., J Psychiatry 2017, 20:7 (Suppl) DOI: 10.4172/2378-5756-C1-029

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28th International Conference on

PSYCHIATRY AND MENTAL HEALTH

November 20-21, 2017 Melbourne, Australia

Multiple pathways to PTSD after suicide

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The bereavement period is associated with elevated risk for the onset of trauma related psychiatric disorders, especially when following unexpected and violent death. The sudden loss of a loved one can also be linked with higher levels of grief. The course of illness and psychiatric features following a traumatic loss by suicide of a loved one are illustrated in a single case report. The case presented demonstrates how the traumatic event of losing a loved one by suicide triggered a series of psychiatric symptoms such as insomnia, depression, panic disorder, along with work impairment and difficulty to live by oneself, all of which persisted for over a year. This case study indicates that after suicide a person can develop severe symptoms of post-traumatic stress disorder via many factors that operate in the situation, indicating the need of a proper mental health management following suicide.

Recent Publications

1. Martini M, Fonseca R C, Garbin H I and Bassols A M S (2016) Psychodynamic understanding of Daenerys Targaryen's life cycle, character from the series-Game of Thrones. *Rev. Bras. Psicoter.*; 18(1): 55-67.

Biography

Murilo Martini is a Medical student at UFRGS. Presently, he is working in multiple projects like "Evaluation of biochemical and molecular parameters of the brain and their clinical correlations in individuals who committed suicide", "Brazil's suicide rate from 2000 to 2014 stratified by genre and age" and "Hospital waste: Is it possible to minimize the environmental impact of a big university hospital?" He also taught as Monitor in fundamentals of microbiology, medical histology and medical physiology classes.

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