

285<sup>th</sup> OMICS International Conference

# Global Healthcare & Fitness Summit

July 20-22, 2015 San Francisco, USA

## When Love Meets Medicine – 7 Keys to Accelerated Healing

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Heart Medical Center

Millions of people suffer some sort of chronic medical condition that no one has been able to diagnose. They visit doctors, healers, alternative practitioners, and search the internet looking for an answer that will help them feel better. In this presentation, Dr. Shiroko Sokitch will discuss the 7 essential elements for healing your body and feeling fantastic. In over 30 years of working as both an emergency physician and medical acupuncturist, Dr. Shiroko has helped more than 40,000 people regain their health. This talk highlights the things that you can do to heal your own body from anything.

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## Marital satisfaction, sexual dysfunction and obsessive-compulsive disorder (OCD): The neglected links

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**Background:** Although OCD has major impact on familial, occupational, social and interpersonal functions, there are sparse clinical research on the correlation between marital satisfaction and OCD. This study was undertaken to assess the correlation between sexual dysfunction and marital satisfaction in a group of Iranian OCD patients.

**Method:** The study sample consisted of 56 (36 female, 20 male) married OCD patients (according to a psychiatric interview and DSM-IV questionnaire based on SCID) between 18 and 50 years old who were referred to The Outpatient Clinic of Roozbeh Psychiatric Hospital and 3 private psychiatric clinics in Tehran since 2011 to 2013. Six Questionnaires were used for study purposes including Iranian validated form of FSFI (for women), IIEF (for men), MOCI, OCI-R, Marital satisfaction questionnaire and a questionnaire which has provided demographic data and other relevant information regarding sexual function and OCD. The patients were not on drug or the beginning of the treatment was recently (less than one week).

**Results:** A statistically significant correlation between washing subscale of MOCI and marital satisfaction was found. Similarly, there were statistically significant correlations between sexual function's scores in female (arousal, lubrication, sexual satisfaction, pain and total scores) with marital satisfaction score. Moreover, the correlation between IIEF/FSFI and marital satisfaction was remarkable.

**Conclusion:** OCD affects on sexual function and marital satisfaction through avoidance, compulsions, impaired intimacy and a high need to control the thoughts. Therefore, assessment of both sexual function and marital satisfaction should be considered in these patients.

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