

285th OMICS International Conference

Global Healthcare & Fitness Summit

July 20-22, 2015 San Francisco, USA

Screening and Management of the female athlete triad

Asma Javed

Mayo Clinic Rochester MN, USA

Health problems of female athletes are widely under recognized by physicians, coaches and family members. In this era of growing athletic participation, we highlight the pathophysiology and epidemiology of the components of the female athlete triad i.e. low energy availability, menstrual dysfunction and low bone mineral density. Barriers to timely diagnosis and common misconceptions among physicians and other health care providers regarding the female athlete triad are explored in an effort to devise a plan for improved screening and management of these athletes at risk

Biography

Asma Javed M.D has completed her medical school in Pakistan at Aga Khan University. She then completed residency in Pediatrics at Mayo Clinic, Rochester MN followed by Pediatric endocrinology fellowship training also at Mayo Clinic, Rochester MN. She is currently on staff at Mayo Clinic and speaks frequently at regional and national meetings on topics related to Women's Health.

Javed.Asma@mayo.edu

Notes: