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WHEN EVERYTHING IS UNDER CONTROL: A GROUNDED THEORY STUDY OF AFFECTIVE CONTAINMENT EXPERIENCES OF FILIPINO ELDERLY IN INSTITUTIONALIZED SETTINGS

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A ffective Containment is a mean to manage negative experience by projecting emotions to others. However, there are no known literatures on the process of affective containment in the elderly context. Thus, this grounded theory investigation. This study aims to describe the process by which affective containment is experienced by a select group of institutionalized Filipino elderly. Accordingly, Strauss and Corbin's Grounded Theory design was employed. Face-to-face, semi-structured interviews were carried out among twenty (20) institutionalized Filipino elderly. Field texts were subjected to thematic analysis involving open, axial and selective coding. Lastly, overall validity of the findings was ensured through member checking procedure. An interesting set of phases emerged relative to the layer of experience, namely: Holding-up, Gearing-up and Opening-up. Collectively known as the Dam of Affective Containment, this model describes how emotions can be contained to other individuals through interactions inside the institution. The study innovatively examined the process of affective containment among the institutionalized Filipino elderly. Findings of the study invite nurses to put premium to nurse-patient relationship and provide timely interventions with a view to improving emotional health.

Biography

Sidfred C. Pelayo has recently obtained his Bachelor of Science in Nursing degree on June 8, 2016 from the College of Nursing of the University of Santo Tomas. Presently, he is attending review classes and refresher courses in the University of Santo Tomas in preparation for his licensure exams.

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