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### **Development of training program on clinical decision making regarding post-operative pain management among nurses**

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**Background:** Nursing is one of the professions in the world which is faced with numerous challenges to encounter competitive care for the patients. Nurse has to undergo various levels of training to provide patient an ultra-comprehensive care. Recent trend suggests that evidence informed health care to be practiced to uplift the accountability of the practice. To practice evidence, do we have enough decision making ability? Keeping this in view, a study designed to develop and evaluate clinical decision making abilities regarding post-operative pain management among nurses in selected tertiary care centre Udupi.

**Methods:** A training program is developed by consulting experts, reviewing literature and undergoing training in post-operative pain management. A pilot study is carried out in Dr T M A Pai Hospital Udupi with 9 nurses selected randomly. Pre-test post-test design is used to find out the feasibility of the training.

**Results:** Feedback from the participants revealed that there is a need for such trainings in clinical settings and they proposed to give more importance for practical aspects in training program than theoretical teaching.

**Conclusion:** Clinical decision making is an abstract skill which can be developed by using different strategies in different specialties and different situations. Since situational factors and time constraints are evident in practice, findings have not got weightage to account for clinical decision making skill. The ideal setting for students to learn CDM skills is real clinical practice environment especially when facilitated by opportunities' for immediate feedback and reflection.

#### **Biography**

Nageshwar V is currently pursuing his PhD from Manipal College of Nursing Manipal from Manipal University. He has presented and published more than five research papers. He is life time Member of professional nursing bodies such as Trained Nurses Association of India (TNAI), Indian Society of Psychiatric Nurses (ISPN), Sigma Theta Tau International (STTI) and Nursing Research Society of India (NRSI).

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