

9th International Conference on

Predictive, Preventive & Personalized Medicine & Molecular Diagnostics

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3rd International Conference on **Integrative Medicine & Alternative treatments**

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Barry Taylor

New England Family Health Center, USA

Designing the art of being a healer

Encouraging emotional, mental, spiritual and social healing is a complementary process in the ongoing development of living a life that connected to the multi-dimensional realities of being human. This is important to become a holistically competent healthcare practitioner and know how to work with therapists and healers that work with limited beliefs, negative patterns and unresolved conditioning and challenging destructive behaviors. This workshop explores the dynamics of how to inspire and empower clients to safely engage in a transformative healing process for optimal health and wellness. The workshop introduces mindfulness practices that relate to food choices, meditation, physical fitness and other health and healing habits that sourced in a person's values not driven by fear or what they think they "should do". Designing the Art of Being a Healer has been taught at a medical school as a year-long course to provide tools to provide clients with a safe and sacred space to access their innate capacity for healing.

Biography

Barry Taylor is a trained Naturopathic Physician and healer who have practiced Naturopathic Medicine since 1978. He is passionate about educating, guiding and teaching his clients, how to make healthy, effective choices that keep them mentally and physically strong and vital throughout their lives. His integrative approach makes him a rarity in the medical field and he works with clients from all over the world. He was Chief Consultant on Complementary Medicine for NBC News in New England from 1991-2005 and has participated in dozens of TV programs about natural medicine, nutrition and supplements and the role they play in optimal functioning.

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