

9<sup>th</sup> International Conference on  
**Predictive, Preventive & Personalized Medicine & Molecular Diagnostics**  
&  
3<sup>rd</sup> International Conference on **Integrative Medicine & Alternative treatments**  
October 26-27, 2018 | Boston, USA



## *Todd A Born*

*Born Naturopathic Associates Inc., USA*

### **A comprehensive, integrative approach to neurodegenerative conditions**

**Description:** Neurodegenerative disorders (ND) are an umbrella term for a range of conditions which primarily affect the neurons in the human brain, but can also affect the spinal cord and peripheral nerves. ND is thought to be incurable and debilitating conditions that result in progressive degeneration and/or death of nerve cells. I will discuss how a thorough integrative approach can often slow down the progression of the neuronal degeneration, as well as strengthen the central and peripheral nervous systems, decrease oxidative stress and optimize mitochondrial function.

**Goals and Objectives:** (a) Understand risk factors for and hastening of ND (b) Optimize strategies for interventions (c) Urine and blood testing that may improve patient outcomes (d) Evidence-based diet, nutritional and botanical treatments that may improve patient outcomes.

### **Biography**

Todd A Born is a naturopathic doctor, certified nutrition specialist (CNS), co-owner and medical director of Born Naturopathic Associates, Inc., in Alameda, California. He is the Product Manager, Head of New Product Development, Scientific Advisor for Allergy Research Group, LLC and is Editor-in-Chief of their science-based Focus Newsletter. He is a Thought Leader for the UK-based Clinical Education, a free peer-to-peer service that offers clinicians a closed forum to ask clinical questions and receive evidence-based responses from experts in their fields. He is also a lead advisor and President of the International Society for Naturopathic Medicine, as well as a medical wellness advisor for the International Medical Wellness Association. He and his wife, Dr Lindsay Jones Born, previously practiced in Seattle, WA and Avon, CT.

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