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DULCE WIRELESS TIJUANA TOOL BOX: AN ONLINE GUIDE FOR THE TREATMENT OF THE PATIENT WITH TYPE 2 DIABETES

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Dulce wireless Tijuana (DWT) is a study designed to evaluate the effectiveness of adapted Project Dulce™ clinical-educational model for the Mexican population, with and without mobile technology, compared with usual clinical care, at improving clinical and self-report outcomes in patients with type 2 diabetes. The results were published in 2016, and were so flattering that the Qualcomm company decided to support a second phase for the development of a toolbox (TBx) as a friendly consultation resource available online. The TBx is the product of the joint effort of a multidisciplinary team composed of members who work in academic, governmental, and non-governmental institutions in Mexico and the United States, and seeks to provide up-to-date information to all health professionals and diabetes promoters, regarding the comprehensive approach of an adult patient with type 2 diabetes. Its purpose is to be a dynamic guide for replicating the best practices used in the DWT study and is aimed at health professionals, health educators, dieticians, health administrators, government agencies and civil society organizations (CSOs), who wish or need to implement a strategy to effectively combat the epidemic of type 2 diabetes through a method or model with satisfactory and proven clinical results. It contains technical manuals, educational videos, surveys, etc. The professional or health entity that decides to follow this replication guide will be able to implement a model of care for patients with type 2 diabetes that integrates mobile wireless technologies, education and community care and has proven to be effective in reducing levels of HbA1c.

Biography

Adriana Carolina Vargas Ojeda graduated from UNAM as Medical Doctor. She is a Pediatrician from Hospital Infantil de Mexico, UNAM. Later on she obtained her Master's degree in Educational Management at UABC and a PhD in Educational Sciences at UIA-Noroeste. She became the Dean of the School of Medicine at the Universidad Autónoma de Baja California. She is a Full time Professor and has been recognized as a level 1 Investigator by the National Research System of Mexico.

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