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## Resources management for older people with dependency in Thailand 4.0

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The older people with dependency are those who lose their ability to function physically, mentally and cannot help themselves in their daily activities. They need caregiving from caregivers, family and community to provide resources provision and to increase the caregiver's ability coping with problems and needs in order to the expected health is to be healthy. This article aims to learn resources management approach that can be applied to caregiving for older people with dependency in Thailand 4.0 properly and effectively. The review was found that the older people with dependency relied on family resources, community resources and national policy resources from social welfare of the government. The situations are defective of access including equality of care for their families that is a gap of economic status, the context of rural and urban, the difference in lifestyle and access to health care. The government is developing a primary care system "Family Care Team" that should be manage knowledge and skills of the caregivers from their sandwich role and family members for good potential to support quality of care. Recommendations this study should develop a systematic approach caregiving and promote resources management policy for caregivers, families and communities by applying innovation and technology to improve the quality of life of older people with dependency.

### Biography

Supichaya Wangpitipanit has completed her PhD from Chiang Mai University. She is the Lecturer of Ramathibodi School of Nursing, Faculty of Medicine Ramathibodi Hospital, Mahidol University, Bangkok, Thailand. She is interested in the area of gerontological nursing and primary care.

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