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Opportunities for improving clinical research in India-A review of the current state of affairs and pointers for a promising future

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The purpose of this paper is to identify why there is this setback in the Clinical Research (CR) in India although the required resources and infra structures are available at the stretch of the hand and to set forth the opportunities in improving the clinical research with a hope that there will be substantial investments at an individual level, to bear good fruits in near future. As the title speaks for itself, though the current status of CR is not at all appealing which is evident by the ban of trials, it must rather be taken up as an opportunity to rise to next levels than making it another topic of never ending debate or criticism. Responsibility, trust, reasoning, accountability and charity are the pointers where the links of improvement exist. When we put these 5 pointers practically into the areas where we have failed, we will be able to see a whole new paradigm of Clinical Research in India, and this time not on the road of failure but on the road of success.

Biography

N Monisha is a PharmD Intern at Annamalai University. She has a paper published in IRJP and has presented papers at TIPS'12 entitled "Viral vectors-infectious agents used as therapeutic vehicles" and ICPG'12 entitled "Gene therapy: A promising therapeutic strategy for Heart Failure and evolving opportunities for pharmacist". She is a learner in the disciplines of Clinical Research, Bioethics, Theology and Philosophy and has realised a great burden for in the area of ethics in the health care system. She served as the Class Representative (in 2010) and was elected as National student Co-ordinator (in 2011) and General Secretary (in 2012) of the Annamalai University Pharmacy Association. She projected her ideas and leadership skills by initiating, conducting and co-ordinating many academic events within the institution.

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