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## Early treatment in orthodontics

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**SYNOPSIS:** Early treatment is the treatment initiated during the primary or mixed dentition with the purpose to prevent, intercept or correct a specific orthodontic problem or problems, also known as, Phase I treatment.

### Overall goal of early treatment

To improve or correct orthodontic problems that would result in:

- Irreversible damage to the dentition and supporting structures
- Progression into a more severe orthodontic problem that would be more difficult to treat

### Specific goals of early treatment

1. Improved Psychosocial Development Self-Esteem, esthetics
2. Improved Occlusal Function Symmetry, shifts/slides, attrition
3. Manage potential for damage to dentition Trauma, attrition, recession, injury, primary tooth extractions.
4. Phase II simplification Growth modification, space management, primary tooth extractions
5. Improved or corrected skeletal discrepancies Symmetry, reduce skeletal discrepancies, transverse problems.

## Biography

Sameer Kumar is a Specialist Orthodontist and Assistant Director- Administration, Thumbay Dental Hospital, Dubai. Also Clinical lecturer in Orthodontics at Gulf Medical University Ajman since last 5 years, He has received his Masters of Dental Surgery Degree from A. B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka India in year 2001 had a successful experience exclusively in Orthodontic treatments for last 14 years.

Sameer specializes in providing a complete range of Orthodontic treatment for children, teens and adults using latest techniques. He is passionate about creating beautiful smiles and giving his patient the confidence of a natural and healthy smile.

Sameer also keeps up to date with the latest techniques and technology through ongoing education. He is a member of several professional association. He has achieved in getting accreditation for GMC Super Specialty Dental Centre from the world renowned quality accreditation body for dentistry – TEMOS, Germany. Actively organizing the dental Checkups camps in hospital premises for various corporate companies and schools. Associated with Sharjah Oral Health Project for school education campaign for over 150 schools in UAE. Sameer has lectured extensively, presented several seminars and continuing dental conferences. His Articles Published in various newspaper in India and UAE as well in Health journals such as Know your Orthodontist, Invisible braces and Harmful habits in children's.

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