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The misconceptions in orthodontics

Abel Latif Bizri

Abel LatifBizri clinic Saida, Lebanon

The presentation will be clarifying the misconceptions that are often perceived in the field of orthodontics. The topics that will be discussed are based on current knowledge and new cutting edge technologies. It adheres to the general societal values by taking into consideration familial values and concerns. The presentation will begin by defining the basics of orthodontics. It will then explore the available diagnostic measures and treatment plans. It will concentrate on the proper tools and materials that are used in the process, as well as the approximate duration periods for specific treatments. It will further examine the multidisciplinary approaches that involve: Dental, ENT, pediatrics, psychological well-being and coordination of the sciences of orthophonics and orthodontics for good results. This presentation is also discuss appropriate ages for orthodontic treatment. A comparison between specific cases will be made to address certain situation in which wisdom teeth extraction is necessary versus when it is not. Moreover, the overall expense of such treatments will be discussed.

abel108@yahoo.ca

Single vs multi-visits endodontics- A clinical perspective

Abhishek Parolia

International Medical University, Kuala Lumpur

The specialty of endodontics has evolved over the years like many other dental and medical specialties. The changes that have occurred in the last 10 years, however, have been of great extent and profundity. Progress in any field can only be achieved by altering the old beliefs, concepts and attitude and moving forward. Single-visit endodontics is not a new concept in a clinical practice. However, clinicians are still confused to decide as to which root canal treatment option is better in between single or multi-visits endodontics. Nowadays single-visit endodontics is considered a good alternative due to the advancements of the theories, new generation of instruments and techniques of modern nonsurgical endodontics. The use of microscope, nickel-titanium rotary file systems, electronic apex locators, ultrasonics and newer obturation systems have profoundly changed the traditional endodontic practice. This presentation highlights the guidelines and criteria for single-visit endodontics and also emphasizes the evidence based practice for single-visit endodontic therapy in the clinic to achieve predictably successful outcome.

abhishek_parolia@imu.edu.my