

International Conference and Exhibition on **Dentistry**

March 18-20, 2015 Dubai, UAE

Occlusal appliance for TMD

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The term Temporomandibular Joint (TMJ) Diseases and Disorders refers to a complex and poorly understood set of conditions. They usually manifest as pain in the area of the jaws and their associated muscles, frequently accompanied by limitations in the ability to make normal jaw movements. Treatment of occlusion related TMJ disorders is often a challenge for both the dentist and the patient. These disorders can be difficult to diagnose as the presenting symptoms can be variable. Conventional occlusal splint therapy is a safe and effective, albeit conservative mode of treatment in comparison to the surgical therapies for temporomandibular joint disorders (TMD). Once the cause of the occlusion related disorder is identified, this reversible, non-invasive therapy not only yields diagnostic information but also provides relief to the patient, without the difficulties that often accompany other, more complex approaches. The goal of this presentation is to familiarize “physicians with the masticatory system” and to delineate the basic principles of occlusal splint therapy for treating temporomandibular disorder (TMD), bruxism and some forms of headaches.

Biography

Manish Agrawal is a Consulting Prosthodontist & Implantologist. He did his Graduation and Post-graduation from Mumbai University India. He is a skilled Prosthodontist, very well known for his clinical skills. He is a Professor and Postgraduate teacher at Bharti Vidhyapeeth University Pune India. He is a Director of Smile Dental Studio and Zenith Dental Laboratory. He has presented papers at National & International levels, and has various publication to his credit. He excels in interdisciplinary dentistry, with Special emphasis on Full mouth rehabilitation & smile designing. He has been awarded the best Prosthodontist of the year 2014.

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