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## The need for anesthesia and sedation services in Kuwaiti dental practice

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The public health relevance of the prevalence of dental fear in Kuwait and the resultant barrier that it creates regarding access to dental care was assessed. An analysis demonstrated a high prevalence of dental fear and anxiety in the Kuwaiti population and a perceived need for anesthesia services by dental care providers. The assessment of the general population showed nearly 35% of respondents reported being somewhat nervous, very nervous, or terrified about going to the dentist. In addition, about 36% of the population postponed their dental treatment because of fear. Respondents showed a preference to receive sedation and anesthesia services as a means of anxiety relief, and they were willing to go to the dentist more often when such services were available. People with high fear and anxiety preferred to receive some type of medication to relieve their anxiety. In conclusion, the significance and importance of the need for anesthesia services to enhance the public health of dental patients in Kuwait has been demonstrated, and improvements are needed in anesthesia and sedation training of Kuwaiti dental care providers.

### Biography

Mohammad Abdulwahab has completed his dental anesthesiology and public health training from University of Pittsburgh and Postdoctoral studies in the management of special needs dental patients from the same institute. He served as a Faculty in University of Pittsburgh school of dental medicine. Currently he is a Faculty Member at Kuwait University faculty of dentistry. He is a Member in number of committees and a Mentor for residents. His research focus is on medical emergency and pain control. He has published in reputed journals and has been serving as a Consultant for training.

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