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Probiotics in the Upper Alimentary Tract – The Evidence to Date

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Probiotics are increasingly being used in clinical medicine to treat or prevent illness. This is also true in pediatric health as parents introduce probiotics in an effort to enhance their child's health and wellbeing. At this time, in this burgeoning field, the effects of probiotics is largely self-reported, with few clinical studies specifically investigating the effect of probiotics in human disease in the upper alimentary tract. This oral presentation provides a comprehensive review of clinical trials and investigations to date in an effort to better delineate probiotic use in clinical medicine and the effects on human health.

Biography

Associate Professor Trina Uwiera MD, FRCSC, MEd grew up in Saskatoon, studied at the University of Saskatchewan and graduated Medicine with Great Distinction. She subsequently trained in Otolaryngology – Head and Neck Surgery in Alberta. Trina completed a Fellowship in Pediatric Otolaryngology with Professor Robin Cotton at Cincinnati Children's Hospital, University of Cincinnati, USA. She is one of the few international graduates of this prestigious program. Trina was awarded the Charles Ferguson Clinical Research Award by the American Society of Pediatric Otolaryngology in 2007. She completed her Masters of Education in 2009. Trina works at the Stollery Children's Hospital and several other institutions in Edmonton. She is an Associate Professor of Surgery in the Divisions of Pediatric Surgery and Otolaryngology – Head and Neck Surgery, University of Alberta. Her clinical and research interests included disorders of airway, voice, swallowing, management of hearing loss and medical education.

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