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Oral care and traditional practices harmful to the teeth in Guinea, Sierra Leone and Liberia

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In Guinea the oral diseases have long been given the importance for health instead tooth brushes plants were used because of their effects, analgesic, anti-inflammatory, antiseptic, antibiotic. 1) *Phyllanthus floribunda* -family euphorbiacée 2) *Alchornea cordifolia* -Family: euphorbiaceae 3) the *Gongrenema latifolia* -family asclépiadacée 4) *Hyppocratéa indica* Family: hyppocratacé. Oral infections were treated with honey, citrus juice and medical leaves *Euphorbia hirta* children, were added sheets *phyllanthus floribunda* adults. Today modern toothbrushes and toothpaste are used to reduce the risks and complications dough. These are the traditional practices affecting the health dangerously. Weakening the role of the teeth (mechanical digestion), the risk of tetanus and HIV by cutting the teeth. At 20 years my incisors were cut. To conclude my article, I ask the international committee to intervene so that this traditional practice is prohibited. The epidemic of Ebola fever is endemic by harmful traditional practices that do not improve prevention. I ntil the day hui continue the same practices here are the results of my queries in the last two months between Guinea Conakry and Sierra Leone these young people and older people live within 200 km of my capital Conakry. Hardly, they accepted photos for fear of being prosecuted because the area was hard hit by the Ebola fever.

Biography

Sylvain HABA got admission to Bachelor in 1984, orientation to school nurses from 1985- 1988, Internship in a medical post in Sèbètèrè Gaoual Prefecture from 1989- 1991, Remote Training on medical semiology 1992-1993. In 1998 he got admission to test the public service. From 2004-2005 Training in traditional medicine with DR Congo. Back Guinea in 2006, establishment of the Centre Médico-Spiritual Tradi koumi Talitha (Marc5: 41-42) to (Labe) Guinea. In 2008, Transferred to the Center in Conakry.

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