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Treat a crowding and don't wake up the monster

To treat a patient complaining from a crowding, the orthodontist put braces and starts to align teeth, with or without extraction. This study aims to review our approach in treating a crowding, especially in the lower arch. What is the concept of the alveolar corridor? Can we expand it to make more spaces for the crowded teeth? What happens when we move incisors labially or lingually beyond the limits of the alveolar corridor? Is our orthodontic treatment responsible of gum recession, named the Monster, during and especially after treatment? Finally, cases with Self-Ligating Brackets and Reproximation show that we can correct a crowding and align the teeth with a fast and a safe orthodontic treatment.

Biography

Michel Bou Chaaya received his Orthodontics degree at Pierre & Marie Curie University, his Dento-Facial Orthopedics and his TMJ Disorders and Occlusion Specialty degree at Rene Descartes University in Paris, in 1995. He is a member of the World Federation of Orthodontists, the American Association of Orthodontists, the American Lingual Orthodontics Association and an Invisalign Provider.

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