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## A Complete Review Article of the Effectivity Of Using "CAPPED BRUSHES " in Human Oral and Dental Hygiene Maintenance

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Today, there are predominanalty two types of brush being sold, capped and Non Capped Brushes. Capped brushes are expected to prevent the brush from being a breeding ground for microorganism. This review provides a complete angled approach as to if they should be used or not. Recent studies show that caps provide effetively no better protecion against microorganisms. In addition, i have down my own research in association with my professors on this topic.

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