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Management of Obstructive Sleep Apnea Syndrome: A Dentist's Perspective

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Sleep disorders has received growing attention in most countries. It has risk for other diseases, as well as higher mortality. Dental Sleep Medicine focuses on the diagnosis and management of sleep-related breathing disorders including snoring and obstructive sleep apnea. Obstructive sleep apnea (OSA) is a common sleep disorder characterized by recurring collapse of the upper airway during sleep, resulting in sleep fragmentation and oxygen desaturation. Oral appliance therapy and upper airway surgery are the commonest tools to treat them. Dentists have been identifying and treating Obstructive sleep apnea, owing to their knowledge of the oral and maxillofacial anatomy; many have integrated their treatment into their daily practice. This presentation gives an overview of Obstructive sleep apnea, different treatment modalities focusing on oral appliance therapy with case presentation.

Biography

Dr. Prajwalit Kende (M.D.S. Oral and Maxillofacial Surgery), an acclaimed academician, is an Associate Professor in Government Dental College and Hospital, Mumbai. He has been a university topper throughout his curriculum, has won the 3rd prize at National workshop on forensic odontology by Indo-Pacific association of forensic odontology, 2nd National prize in the Colgate-IDA essay competition & has many more awards to his credit at undergraduate and post graduate level. He holds the Distinction of conducting numerous live surgeries, lectures, and research papers and has also authored interesting and path breaking articles in scientific journals at local, National and International levels for which he is highly heralded. He has been felicitated by various panjandrums like the Governor of Orissa - Mr. M.M. Rajendran, Medical education minister- Govt. Of Maharashtra, Deputy Speaker Legislative Assembly, and many others.

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