

5th American Dental Congress

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An introduction to holistic and integrative dentistry

Lewis Gross

Tribeca Center for Holistic and Integrative Dentistry, USA

This 5 hour Continuing Education Course will introduce students to Opportunities and Challenges in the growing marketplace of patients seeking alternatives to traditional dentistry.

10:00-11:00 a.m.: This presentation will focus on research supported by the Holistic Dental Association, with an emphasis on the Dental-Medical connection; reviewing protocols for safely removing and replacement of amalgam fillings, providing alternatives to root canal, the NICO theory and cavitation of dental infections and the relationship to medical diseases, fluoridation controversy, BPA-free, and the limited value of Evidence-based care.

11:00-12:00 a.m.: This presentation by an Integrative Dental Nutritionist will explain how diet can cure dental decay and remineralize incipient cavities. Students will learn how to measure saliva PH and the biological importance of Acid-Base buffering. Protocols for establishing a non-surgical periodontal and Holistic Hygiene practice will detail Coconut Oil Pulling, ozone irrigation, diode laser decontamination, and new natural teeth whitening products

12:00-1:00 p.m.: The Evolution of dentistry: The history of dental materials will be reviewed with the goal to deliver safer, minimally invasive restorations. Digital dentistry using the 3M Scanner and Roland milling machine and Lava blocks will be demonstrated. New concepts in environmental dentistry, the oral microbiome, and mercury chelation will be reviewed.

2:00-3:00 p.m.: American Association of Physiological Medicine and Dentistry: A new dental paradigm for treating Sleep Apnea and TMJ conditions using an Integrative Wellness approach. This presentation will focus on craniofacial research from recent AAPMD conference offering a multidiscipline integrative approach to airway management.

3:00-4:30 p.m.: Personalized Oral Healthcare: business and marketing opportunities as additional non-dental income streams. Integrative and spa services such as cranial-sacral, pre and post oral surgery lymphatic drainage, facial acupuncture, nutrition, naturopathy, and mind-body medicine in the dental office.

Course Benefits: Students will learn new techniques and terminology that can be used in daily practice when treating medically compromised patients and those with special needs.

Biography

Lewis Gross is the director of the Tribeca Center for Holistic and Integrative Dentistry. He is 1979 graduate of Columbia College of Dental Medicine. This lecture was previously presented in part to the Columbia dental alumni.

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