

33rd International Conference on

DENTAL AND ORAL HEALTH

August 13-14, 2018 Dubai, UAE

Ayurvedic cures: Revisited endeavors for healthy mouth

Kamlesh

PDM Dental College and Research Institute, India

Ayurveda means living in tune with nature. Over the past decade, interest in drugs derived from medicinal plants has markedly increased. Ayurveda is a holistic system of medicine which has emerged in India centuries ago, now practiced in other parts of the world as alternative medicine. Currently, Ayurveda is widely practiced in the Hindustan peninsula and in recent years, has attracted much attention in economically developed countries such as those in Europe and United States and Japan. This is an ancient system of medicine and has a rich repository of resources even for dentistry. There are numerous Indian medicinal plants that are used in articulating beneficial measures and Ayurvedic material has been proved to be safe and effective through ages. Dental fraternity has witnessed the footprint of these herbal products in the form of tooth pastes, gum paints, mouthwashes, root canal irrigants, etc. Herbs exhibit unique therapeutic properties like anti-bacterial, anti-inflammatory, astringents, anesthetic, anti-cariogenic effect, as storage media for avulsed tooth, mouth rinses and root canal irrigants and as tooth whitener. The various Ayurvedic herbs used for oral wellbeing include clove oil (*Syzygium aromaticum*), Aloe (*Aloe barbadensis*), Pepper (*Piper nigrum*), Coriander (*Coriandrum*), Eucalyptus (*Eucalyptus globules*), Turmeric (*Curcuma longa*), Green Tea (*Camellia sinensis*), Onion (*Allum cepa*), Papaya (*Carica papaya*), Potato (*Solanum tuberosum*), Garlic (*Alium sativum*), Honey (*Apis mellifera*), Neem (*Azadirachta indica*), Chewing stick, Lemon (*Citrus*), Olive oil (*Olea europaea*), Ginger (*Zingiver officinale*), etc. Nowadays there is a renewed interest in use of various Ayurvedic preparations for oral and dental health. The science of Ayurveda should be integrated with modern dentistry and dentists can be encouraged to use natural herbal remedies in various dental treatments for both children and adults. Future studies should be focused on chemical nature and mode of action of active constituents of these plants. This poster is aimed at reviewing and update focuses on various herbal drugs and products as well as their therapeutic applications when used for the wellbeing of oral health.

Biography

Kamlesh thoroughly enjoys working as a Doctor. She finds it gratifying to see the difference in general and oral health care of her patients and never stops challenging herself to learn and grow and guides her patients to do the same. She is committed to providing comprehensive and quality health care and is diligent in her pursuit to stay in current in providing the professional's leading medical and dental care procedures.

dr.rajesh260@gmail.com

Notes: