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### Sleep disordered breathing in the pediatric population

**Executive Summary:** Each year a large population of children with symptoms of mouth-breathing, snoring, bruxism, bed-wetting and ADD/ADHD go untreated and misdiagnosed. Unaware that Sleep Disordered Breathing is the root cause of their troubles, parents and children pursue treatments that make their situation worse, both in the present and the long run. It is more important than ever for the dental community to empower families to heal this condition instead of just cope with it.

**Problem Statement:** Untreated or misdiagnosed Sleep Disordered Breathing in the pediatric population has a significant impact on the deterioration of health, development, and self- confidence in young lives.

**Motivation:** Create a movement in the dental community to proactively diagnose SDB to: Save children from misdiagnosis; keep children off unneeded medication; improve school performance and self-confidence and; correct the condition to alleviate and prevent the symptoms (crooked teeth, insomnia, malocclusions, speech issues, allergies, inflammations, sleep apnea, and more).

#### Results:

1. Identify the outward symptoms and root causes of SDB in children
2. Develop action steps to integrate an SDB identification process at your practice
3. Generate growth within your practice by partnering with the medical community and parents to improve the lives of their children

**Conclusion:** Maximum oxygen during sleep is necessary for the body to take care of itself, repair itself, and have all biological systems function normally. Every child should sleep soundly and sleep well...let's help them get there.

#### Biography

In 1997, Dr. Diana Batoon founded Bonita Dental in Scottsdale, AZ. A graduate of Tufts University with specialized training in Dental Cosmetic from the American Academy of Cosmetic Dentistry. She completed a General Practice Residency at VA Hospital in Loma Linda, California. Dr. Batoon has extensive training in Full Mouth Rehab, TMJ, and Dental Implant Restorations. She has been most successful with her patients's overall health and pairing it with the right treatment. It's been proven in our office that this approach leads to long lasting restorations and overall improvement in oral health. Dr. Batoon spends a lot of time to detail and her patients's desires to achieve the right outcome.

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