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A deficiency on critical care nursing: Using critical thinking skills

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The nursing workforce in neurology clinics is closely associated with rehabilitation process of the patient. The inpatient neurology wards admit patients with a diagnosis of acute cerebral infarction, acute cerebral hemorrhage, or transient ischemic attack (TIA); other than the symptoms of the disease, most of these patients have additional symptoms and needs, such as high blood pressure, consciousness disorders, self-care deficiencies, movement deficiencies, feeding tubes, urinary catheters, and most require rehabilitation care. Some studies indicated that nurses are not satisfied with the pay, the job, or the nurse staffing level, job environment and that most nurses have high burnout, while working in a neurology clinic. The critical thinking and decision-making skills will provide to increase on skills such as take responsibility, empathy, questioning, using intuition of neuroscience intensive care unit (NICU) nurses. Many studies show that using critical thinking skills increased nurse satisfaction and motivation and decrease burnout level. With the instruction and help from experienced and having the critical thinking skills nurses, patients can gain the maximum level of wellness and achieve their optimal level of functioning. Therefore, improving nurse satisfaction and decreasing nurse burnout will be very important to keep the stability of the nursing workforce, increase the quality of care and promote patient outcomes. It is important to determine of NICU nurses' perceptions regarding their roles and responsibilities in the decision-making process during the change in intensity of care and end-of-life care for patients. More studies should be done concerning critical care nurses' levels of use critical thinking skills and experiences with end-of-life care.

Biography

Emine Gerçek has completed her PhD at the age of 31 years from Ege University and postdoctoral studies from Adnan Menderes University Faculty of Nursing. She is the director of Adnan Menderes University Söke Health Services Vocational Schools, assistant professor in Adnan Menderes University Faculty of Nursing in Turkey. She has published more than 30 papers in national and international journals and has been serving as an editorial board member of repute.

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