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Troubleshooting PAP therapy

There have been many new advances in sleep medicine over the last 30 years, with new forms of PAP therapy and improvements in PAP mask technology. Troubleshooting difficulties with PAP therapy have remained a problem that is not often solved in an expeditious fashion or at all. The national average of 40% compliance on PAP therapy is an indictment of our willingness to address this problem and/or lack of knowledge on the subject as a profession. Over the last 10 years as a full-time clinician in sleep medicine, he has developed a follow-up program that yields a 90% compliance over a year. His approach will help you deal with common complaints from PAP therapy patients. From mask fit and dry mouth to data analysis from the PAP machine, his clear and conscious approach will give you the tools to obtain this kind of success in your clinic.

Biography

Eric Haeger graduated from Loma Linda University in 1995. He completed a Family Medicine Residency at Strong Memorial Hospital in Rochester, New York and completed his Sleep Training at Stanford School of Sleep Medicine in California. He obtained his Board Certification in Sleep Medicine in 2009. He owns his own sleep facility, Central Washington Sleep Diagnostic Center, which is accredited by the American Academy of Sleep Medicine. He is also a member of the National Sleep Foundation. His sleep practice includes adults as well as pediatrics. His professional interests include Narcolepsy and Complex Sleep Apnea. In his spare time, he enjoys water skiing, mountain biking, playing ice hockey and spending time with his family.

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