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Classification of behaviors in dementia and the use of a new behavioral assessment scale to measure behavioral and psychological symptoms in dementia (BPSD)

The workshop will discuss twelve new behavioral categories used to classify behaviors in moderate to advanced dementia. It will also discuss the results of a reliability and validity study of a new behavioral assessment scale to measure Behavioral and Psychological Symptoms in Dementia (BPSD); Luthra's Behavioral Assessment and Intervention Response (LuBAIR) Scale.

Objective 1: Make workshop attendees aware of the newly constructed behavioral categories, the 'meaning' or the 'purpose' of each of these categories and the specification of each theoretical construct used to justify the formation of each of the behavioral categories. There are a total of 12 newly formed behavioral categories to classify behaviors in moderate to advanced dementia. There were four specification of theoretical constructs identified from developmental and behavioral psychology and dementia literature to generate these 12 behavioral categories. These twelve behavioral categories were used to develop this new behavioral assessment scale titled LuBAIR.

Objective 2: Share the results of the reliability and the validity study of LuBAIR Scale conducted in patients with moderate to advanced dementia and concurrent behaviors.

Objective 3: Educate attendees on how to develop innovative behavioral treatment interventions through the use of the principles used to understand the 'meaning' or 'purpose' of individual behavioral symptoms identified under each behavioral category. This should optimize the use of medications in managing BPSD and generate affordable and sustainable behavioral interventions.

Biography

Atul Sunny Luthra is presently an Associate Clinical Professor at McMaster University, Hamilton, Ontario, in the faculty of health sciences, Department of Behavioural Neuroscience. He is also affiliated as a research scientist with the Research Institute for Aging, Schlegel, University of Waterloo, Ontario. He is currently working as medical coordinator in the Program for Older Adults at Homewood Health Centre, Guelph, Ontario. He is affiliated in the same capacity with the St. Peter's site of Hamilton Health Science, Hamilton, Ontario. His clinical and research focus is on developing safe pharmacological and affordable non-pharmacological treatment interventions for behaviors in moderate to advanced dementia.

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