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THE PAIN AND THE PERCEPTION OF ITS MEANINGS ACCORDING TO VERY OLD ELDERLY

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With the increase of chronic diseases, expands the appearance of painful complaints. Each person reacts in a way even before the painful stimulus and this reaction is influenced by the culture and values of the subject. This study is part of research regarding the perception of very old elderly about the pain, aims to discuss the meanings associated with pain by the interviewees. Participated in this study 15 women with 80 years or more with chronic pain. Data were collected through semi-structured interview. The participants were requested to relate meanings of the word pain. To assist in categorizing the reported content was used WordleTM feature, through which you can check the frequency of occurrence of words. The result is shown in a word cloud graph. The highlighted words were: faith and hope. Supporting religiosity can be a coping strategy to overcome the pain. Other related words were: old age and death. With advanced age and the presence of pain, concern about the end of life becomes more common in the daily lives of the elderly. Sadness, suffering and loneliness also appeared in the speeches. When the pain is persistent and its relief is not possible, the person may feel unable to deal with it. Although the individual is able to describe and talk about their pain, it is never so alone as when you are stuck in the pain. The diversity of the elderly reported associations reinforces the subjectivity of pain and its relation to their life stories.

Biography

Bárbara Pires de Andrade Lage Cabral is 27 years old, occupational therapist and concluded the Multidisciplinary Residency Program in Health with specialization in elderly's health in 2014. Currently she is in Master's Degree of the Post-graduate Degree in Rehabilitation Sciences, Federal University of Minas Gerais, Brazil.

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