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## Impact of an educational program in developing Saudi mother's awareness of Children Sexual Abuse (CSA)

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**Background:** Each child around the world has the right to live his life in peace. Child sexual abuse is a serious public health problem globally.

**Aim:** To investigate the effectiveness of an educational program targeting children sexual abuse in developing Saudi mother's knowledge and awareness about children sexual abuse.

**Methods:** A quasi-experimental of one group pre-post-test design was used with a convenient sample of 38 mothers who have children in the 81 elementary school affiliated to Ministry of Education, Jeddah, KSA.

**Results:** A 38 Saudi mother's majority of them (89%) were aged between 20 and 40 years. Majority (57.9%) of them had 4-6 children and has secondary level of education (55.3%). A highly statistically significant difference between pre/post assessment knowledge as  $P=0.000$  with difference in their attitudes but is not significant. While, significant correlation was found between the total score of pre/post knowledge assessment and the mother's work state as  $P=0.000$  and 0.037. However, there was a significant difference in the participants post knowledge total score ( $P=0.006$ ) with number of children in the family  $P\leq 0.05$  level. Moreover, the age of children and total score of pre/post mother's knowledge and attitude, only a negative significant difference was found in pre knowledge participants total score ( $P=-0.001$ ).

**Conclusion & Recommendation:** The results concluded that mother's knowledge and attitude were inadequate enough to protect their children from CSA in pre assessment with a significant difference in post assessment. Therefore, it is recommended that, conducting more CSA prevention programs for parents and children is an urgent necessity, to increase their knowledge, level of awareness and to change their attitude regarding CSA teaching program, in addition, replication of the current study with longitudinal design that might help in identifying the change of attitudes.

### Biography

Amal I Khalil is an Associate Professor of Psychiatry and Mental Health Nursing at the Menoufia University, Egypt. Currently, he is working in King Saud bin Abdulaziz University for Health Sciences, College of Nursing, Jeddah, where she was awarded many times for her teaching activities, community and social contributions. She was nominated as a Reviewer to the *Journal of Horizon Research Publishing*, *Journal of Nursing and Health* and *International Journal of Nursing and Clinical Practices*. She has also worked as a Psychotherapist at a private practice and has Membership in American Psychiatric Nurse Association, Family and Child Safety Program related to National Guard Health Affairs, Saudi Arabia and KAFA institution for Smoking and Addiction Management.

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