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Rehabilitation of chewing function thanks to tracks (direct and indirect) of planas

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Recent scientific studies have confirmed the impact of chewing function on craniofacial morphology.

Planas was a genius for his time. He understood the importance of physiology masticatory function in the morphogenesis of alveolar-dental arches.

This led him to invent a functional unit; tracks (direct and indirect) whose action is based on the release of lateral movements and gymnastics masticatory muscles.

Thanks to the presentation of clinical cases, we can see the role of tracks of Planas in correcting malocclusions and establishing an alternate unilateral mastication.

Biography

Amel Belkhiri is working as maître-assistant to orthodontics department at the University Hospital of Blida. He obtained dental surgery degree in 1995. Then he worked as surgeon general to the health sector in the province of Illizi (Algeria) for two years. He obtained the Diploma of higher medical study as a specialist in orthodontics and public health specialist in ODF in a dental clinic in Algeria in the year 2001.

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