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Minimally invasive procedures for achievement of facial harmony

Tatiana Clementino Private Dental Practitioner, Brazil

Patients are seeking healthier lives, and at the same time their concern about having a beautiful face and maintaining a youthful appearance over time has increased. Minimally invasive procedures have expanded exponentially due to the scientific advances and availability of non-incision methods. The role of the dentist by his great understanding of the aging process, facial anatomy, and ideal proportions is the construction and maintenance of facial harmony. Treatments with botulinum toxin, hyaluronic acid, micro-needling and photodynamic therapy should be discussed as facial cosmetic options to achieve facial harmony by dentists. The current trend revolves around the paradigm shift from focal to global corrections. Volume contouring of the face in zones such as the periorbital region, midcheek, and lower face have thus evolved to make the face more natural-appearing and restore bone deficiencies. Class II patients with mild retrognatism and that fear the surgical procedures could have the perfil correction with the use of fillers. Regarding the use of neuromodulators, the tendency is the use of fewer products enhancing the maintenance of muscle activity, considering the smile and its consequences to balanced facial movements. The ability of the dentist to correlate fixed and mobile structures of the face, with facial and oral static and dynamics distinguish the professional dentist from others in terms of planning and results prediction.

Biography

Tatiana Clementino is a Dentist in Brazil, since 2000, and works both for her private office and for the State Government. She has completed her PhD from the Ludwig Maximilians University of Munich, in Germany in 2007. She has articles published in international journals in the field of Cariology and Dental Materials. She was a Docent at the University of Brasilia between 2011 and 2012. She worked in aesthetic dentistry for 14 years, but nowadays she teaches the use of botulinum toxin and fillers for post-graduation courses in Brazil and works exclusively with orofacial-harmonization.

tatianaclementino5@gmail.com

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