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## Why pick on teeth – Toothpicks then and now

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The history of the toothpick is as old as mankind and as universal as eating. Its story knows no bounds, and it is revealed in the records of anthropology as surely in annals of etiquette. The story of the toothpick consists of information set in prehistoric Africa, China, Brazil, Japan, Sweden and the United States. The toothpick is the story of everyone and everything at every time. This paper traces the evolution, history and development of this magnificent piece of everyday use and its ill effects on periodontium when not used in the right technique.

### Biography

Soumya Vishwanath has completed her Masters in Periodontology from A.E.C.S Maaruti College of Dental Sciences and Research Centre, Bangalore, India. She has had the experience of teaching both in India as well as in Libya at the Libyan International Medical University. She has been a part of the team in charge of formulating and executing Dental Curriculum and the Internship program at the University. At present, she is a successful dental practitioner and Consultant Periodontist to many dental clinics in Bangalore, India. She is a member of the committee in research with relation to Periodontics and has to her credit a few publications.

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