

23rd International Conference on

Dentistry and Dental Materials

July 19-20, 2018 | Rome, Italy

Oral health effects in shisha smokers

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Cigarettes are not the only form of tobacco smoked; in fact, waterpipe has been used for smoking tobacco for centuries. The name Waterpipe tobacco smoking (WTS) is used for the last 2 decades in the English language scientific literature to refer to any variety of instruments that involves tobacco smoke passing through water before inhalation. The use of water pipe is increasing daily, in all age and sex groups. There is a dire need to study and document health effects of water pipe smoking in general and specifically on the oral cavity as it has not been done anywhere else in the world till date. Since the oral mucosa is exposed to the smoke and its toxins from WTS directly, it will definitely help in studying the effects on it at a cellular and genetic level. The general public perception is that WTS is harmless. The waterpipe used just as other forms of tobacco use can be regulated if there is more awareness of its health effects. We collected socio-demographical, behavioral data pertaining to WTS and cigarette smoking in the region and studied their toxicological effects on the oral mucosa.

Recent Publications:

1. Displacement of lower third molar to submandibular fossa during extraction. Indian journal of multidisciplinary dentistry. 6/107-110 | Dec/2016.
2. Cell phone and the mental health of the students- a short review Scholars Bulletin (A Multidisciplinary Journal) vol 2, 515-516 | Sep/2016.
3. Trend of using smartphones by medical students Saudi Journal of Medicine 1, 40-43 | Sep/2016
4. A Short Review of Common Viral Lesions Seen in the Oral Cavity of Children Pediatric Dental Care vol 1, 117 | Aug/2016.
5. Frequency and Pattern of Oral Manifestations and Oral Hygiene Practices among Cases with Diabetes Mellitus in Ajman, United Arab Emirates. International Journal of Dental Sciences and Research. 3 (2A) | Feb/2015.

Biography

Prathibha Prasad is a Dentist specialized in Oral Pathology working in Faculty of Dentistry, Gulf Medical University, United Arab Emirates. She is actively involved in the teaching and supervision of Dental students for Ten years. She has several publications in reputed peer-reviewed journals and happen to serve as Reviewer and Editor in many journals.

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