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Preventive dentistry in pediatric dentistry a new perspective based on recolonization

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World preventive dentistry has changed its approach, the emergence of new angles with respect to the etiology of the carious process as well as its dynamism have promoted that simply the effectiveness of treatments has been increasing thus improving the prevention schemes and individualizing them generating a more specific preventive dentistry. Studies show that Fluoride by itself, the inclusion of calcium in the chlorhexidine, the toothpaste, none can be effective by itself if not analyzed each case in an integral way every day is recommended more the use of products that generate an ion exchange between the biofilm and the dental materials causing a beneficial interaction for the host, likewise we enter the era of bacterial disruption and recolonization to promote a better biofilm that is compatible with the oral life of our patient The recolonization of Biofilm is carried out based on oral probiotics, we know that probiotics are "living microorganisms which when administered in an adequate amount provide a benefit to the host", there are probiotics that are most suitable for the oral cavity and they are the basis for current prevention and the integral approach to which we refer.

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