

3<sup>rd</sup> International Conference on

# Advanced Dental Education

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## Patience with your geriatric patients

**Theresa McCarter**  
HygieneWize, LLC, USA

**Introduction:** In the United Kingdom (UK) statistics for 2016 show the number of adults 65 years and older was 12 million. 4 million of these adults over 65 live alone where 70% of these are women. This number is expected to rise over 40% in the next 17 years to 16 million. In the United States, statistics for 2010 show the number of adults 65 years and older was 40.3 million. 12 million of these adults live alone and the majorities were women. Aging-Related statistics project that by 2030, the number of adults 65 years and older will be 72 million. It is important for the dental professional to understand the many health obstacles associated with an aging patient and the conditions that may not be apparent during a dental visit. Becoming familiar with methods to interact with an aging patient can be instrumental to improving oral health and overall health. Recognizing the 5 signs that an aging patient is having difficulty in navigating their lives can be invaluable to improving their overall health and safety.

### Course Objectives:

At the conclusion of this presentation, the participant will:

- Evaluate the future growth of the elderly population in this century and the next century
- Understand the differences in the geriatric population today compared to the past
- Recognize the health obstacles of the geriatric population today
- Develop an increased understanding of geriatric vulnerability to medications
- Learn dental considerations associated with the aging population
- Examine current studies that correlate poor oral health to other age related conditions (physical, cognitive and sensory)
- Recognize the 5 signs and symptoms associated with a geriatric adult living alone
- Gain perspective on how to effectively earn trust and confidence in the aging population.

### Biography

Theresa McCarter completed her initial education in dental hygiene at Cabrillo College and continued her education and attended Loma Linda University for her BS in Dental Hygiene. Theresa has her license in four states and continues to work as a clinical hygienist in California and Alaska. She is a part time clinical instructor at Carrington College in San Jose, California, which is a good blend of education and hygiene. Theresa McCarter has given presentations across the state of California about many topics related to Dental Hygiene and Practice Management. She is a community health speaker for the Monterey Bay Dental Society, and she is an active member of the National Speakers Association. Theresa's company, Hygienewize is a Licensed Training Provider for The American Red Cross and she provides CPR and BLS training all over California. Hygienewize is also a CE approved provider for the Dental Board of California and the Academy of General Dentistry.

Hygienewize@gmail.com