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Occlusal adjustment using the bite plate-induced occlusal position as a reference position for temporomandibular disorders

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Although the effect of occlusal adjustment for temporomandibular disorders (TMDs) remains controversial, we reported that the occlusal adjustment using bite plate-induced occlusal position as a reference position was very effective for TMDs. The bite plate-induced occlusal position (BPOP) is the muscular contact position (MCP). Occlusal equilibration is very difficult to obtain in the mouth, because the MCP is very unstable. This is because avoiding movement in the deflective premature contact tends to shift the MCP to the more stable intercuspal position (ICP). Therefore, occlusal analysis and equilibration in the MCP should be performed on dental models mounted on an articulator with BPOP wax record. The occlusal adjustment then is performed referring to ground spots on the models. In this presentation, we would like to show the procedure of the occlusal adjustment by a video.

Biography

Kengo Torii received his PhD from Nippon Dental University. He is currently a visiting professor of the same university.

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