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Aesthetic restorative treatment planning for Dental Professionals: Literature review

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Aesthetics restorative dentistry has reached a new spectrum with the advancement in modern technology. Therefore, one of the reasons patients are concerned to seek Dental treatment is to improve their Dental appearance. The main target for the Dental Professionals of this era is to have a clear understanding of Patient's Perception of aesthetic dental treatment and to reach their satisfaction level with appropriate treatment plan. The objective of this review was to highlight the importance of visual assessment tools, Patient's Psychology, selection of restorations and Oral Self care instructions while considering aesthetic restorative treatment planning for Dental Professionals in their practice. According to the reviewed articles, the success of restorative aesthetic treatment depends on Dentist ability to plan the treatment indicated for each case and to inform the patients regarding possible treatment outcome. Effective patient communication and essential records are required in the Treatment planning stage to reduce problems. In spite of treatment planning, selections of appropriate restorations and bonding procedures, Dentist must also consider unique polishing requirements for Aesthetic restorations and it must be included in the treatment planning stage. Nevertheless, Oral self-care instructions and regular Dental appointments should be advised to these patients which help in long term clinical predictability of aesthetics restorations.

Biography

Dr. Asra Sabir Hussain has completed her Bachelors in Dental Surgery from Batterjee Medical College, Jeddah, Saudi Arabia in 2015. She has obtained one year clinical experience in Private Dental Practice. Besides her clinical skills, she has presented scientific Posters related to Orthodontic field in the 10 and 11th Annual Saudi Orthodontic society conference held in Saudi Arabia. She is currently enrolled in MSc (Online Distance learning program in Primary Dental care) from the University of Edinburgh, United Kingdom entry level 2018.

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