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## Probiotic and oral cavity

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Macfarlane Burnett stated in 1962 that "By the late twentieth century, we can anticipate the virtual elimination of infectious diseases as a significant factor in social life". Probiotics have become of interest to researchers in recent times. Time has come to shift the paradigm of treatment from specific bacteria elimination to altering bacterial ecology by probiotics. The development of resistance to a range of antibiotics by some important pathogens has raised the possibility of a return to the pre-antibiotic dark ages. Here, probiotics provide an effective alternative way, which is economical and natural to combat periodontal disease. Thus, a mere change in diet by including probiotic foods may halt, retard, or even significantly delay the pathogenesis of periodontal diseases, promoting a healthy lifestyle to fight periodontal infections.

## **Biography**

Abhishek kandwal has completed his BDS from Seema Dental Collage; and completed his post graduation in periodontology and implantology from institute of dental sciences bareilly. He was awarded gold medal as a university topper in MDS for Mahatama Jyotiba Phule University Bareilly. He actively involved in research and have significant number of pub med indexed publication to his credit.

He has done Post Graduate Diploma In Medico legal Systems; and Post Graduate Diploma In Hospital Health Management from Symbiosis International Collage; Pune. He has been awarded Fellow Of Academy Of General Education; Manipal. He is currently chairing the post of Hon Editor In Chief For Indian Dental Association Nainital Branch U.K. He is presently working as Senior Resident In Himalayan Hospital HIHT, Jolly Grant; Dehradun. U.K.

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