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Claus Muss

International Research Group of Applied Preventive Medicine, Austria

Clinical assessment of nutraceuticals in Europe by EFSA

In the European Union the European Food Safety Authority (EFSA) is the corner stone of risk assessment regarding food. Inaugurated in January 2002, following a series of food crises in the late 1990s, as an independent source of scientific advice and communication on risks associated with the food chain the goal of EFSA is to improve EU food safety. EFSA produces scientific opinions and advice to provide a sound foundation for European policies and legislation and to support the European Commission, European Parliament and EU Member States in taking effective and timely risk management decisions. This Authority performs environmental risk assessments and its advice underpins the European food safety system. EFSA has also provided scientific advice on the setting of tolerable upper levels of intakes (UL) for vitamins and minerals. These Dietary Reference Values (DRVs) represent the highest level of daily intake of a nutrient that is likely to pose no risk of adverse health effects in Europe. The Regulation on nutrition and health claims made on foods was adopted by the Council and Parliament in 2006. In this frame work of European Food safety assessment I-GAP offers manufacturers and food industry to profile fitting products by preparing EFSA proposals and conducting clinical human trials as well as to document the results in an approvable manner. For this reason I-GAP is closely linked with highly cited and pub med listed scientific journals.

Biography

Claus Muss has completed his Doctorates from Medical School, Munich and Veterinary, School Berlin and his PhD in Public Health Science at St. Elisabeth University Bratislava (SK) where after habilitation he was appointed as Associate Professor. Besides his clinical activities in Germany, Austria and Switzerland, he is Head of the world wide networking International Research Group of Applied Preventive Medicine, Coauthor of 7 scientific journals with over 87 own publications.

profmuss@gmail.com