

3<sup>rd</sup> International Conference on

# Hematology & Blood Disorders

November 02-04, 2015 Atlanta, USA

## Kozhikode criteria for diagnosing SLE as a hematological disorder

P K Sasidharan, Arathi N and Geetha P  
Government Medical College, India

Systemic Lupus Erythematosus (SLE) is an autoimmune disease in which cells and tissues undergo damage mediated by tissue binding auto antibodies. At its onset it may involve any one organ alone or more than organs simultaneously; over a time additional manifestations due to involvement of multiple organs may occur. The criteria used till 2012 was the American College of Rheumatology (ACR) criteria, which is only a classification criteria and not really for diagnosis; if we rely on ACR criteria, the diagnosis is often delayed denying the benefit of early treatment. Time required for satisfying all 4 of the 11 criteria is variable and prolonged. Moreover hematological manifestations, which are commoner than other manifestations are underrepresented in the ACR criteria. Based on the clinical observations made on patients evaluated in our tertiary center in North Kerala, an alternate diagnostic criteria named the "Kozhikode Criteria" was proposed. The present study was an attempt to validate the same and to look for any association of diet and lifestyle to the disease.

### Biography

P K Sasidharan is a Professor of Medicine & Head, Department of Medicine & Hematology, Government Medical College, Calicut. He has obtained his MD General Medicine from Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh. He was the recipient of several awards and fellowships. 72 publications in journals including two land mark studies on Vitamin D deficiency and on SLE. He is the author of two books "Doctors Pocket Companion" and "Healthy India" and written chapters in text books of Medicine and Hematology, actively involved in health promotion in India. He had served on several post like Chairman PG Board of studies Kerala University of Health Sciences; Member, Editorial Board "*Indian Journal of Hematology and Transfusion Medicine*", PhD research Guide for University of Calicut, President Association of Physicians of India (API) Kerala State Chapter, Scientific Advisory committee Member- National Institute of Immuno Hematology, Mumbai, Vice President Hypertension Society of India, Dean Faculty of Medicine, University of Calicut, Director Malabar Cancer Center-Additional Charge, State President, Kerala Government Medical College Teachers Association.

[sasidharanpk@gmail.com](mailto:sasidharanpk@gmail.com)

Notes: