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Prevalence and risk factors associated with intestinal parasitic infection among children in Aswan, Egypt

Ahmed K Dyab¹, Mohammed El-Salahy¹, Hanan Abdelmoneiem² and Mohammed F Mohammed³¹Asuit University, Egypt²Aswan University, Egypt

Aims: Due to lack of available studies on the intestinal parasitic infection in children in Aswan Governorate, the present study is planned to monitor and associated risk factors of the intestinal parasitic parasites among urban and rural primary school children in Aswan Governorate.

Study Design: A cross-sectional descriptive study.

Place and Duration of Study: This study was carried out in Aswan Governorate during the period from October 2015 to March 2016.

Methodology: A total of 300 stool samples were collected from children were included in the study. Their ages arranged from 6 to 12 years, 170 of them were males 130 were females and examined by direct wet mount and formal ether concentration techniques and also stained with different stain for parasitic infections. Medical Sociodemographic data were collected by using a standardized questionnaire.

Results: The overall prevalence of intestinal parasitic infections was 31%; Single infection in 26% and mixed infection in 5%. The most predominant protozoal parasites found was *Entamoeba histolytica* 8.3% followed by *Giardia lamblia* 3.7% and *Cryptosporidium parvum* 1.7% and commonest helminthic infection was *Oxyuris* 6.6% followed by *H. nana* 3% *Ascaris lumbricoides* 1%. Mixed infection was in form of Entrobius vermicularis plus *Entamoeba histolytica* in 23.4%, *Entrobius vermicularis* plus *Giardia lamblia* in 17.6%, Entrobius vermicularis plus *Cryptospordium parvum* in 11.8%, *Entamoeba histolytica* plus *Hymenolepis nana* in 11.85%, *Ascaris lumbricoides* plus *Entamaobea histolytica* in 17.6%, *Giardia lamblia* plus *Entamoeba histolytica* in 11.8%. Parasitic infection was more prevalent in rural areas 60% than urban 30%. Parasitic infection was more prevalent in boys 53.8% than girls 46.2%. There was significant increase of recurrent abdominal pain, dysentery, vomiting, diarrhea, peri-anal itching and pallor in infected students when compared to non infected students.

Conclusion: The present study highlighted on prevalence of intestinal parasitic infection in children in Aswan Governorate, Egypt and provided that, the intestinal parasitic infections are a public health problem and there is an urgent need for efforts towards ensuring adequate control of intestinal parasites in Aswan Governorate and preventive measured to be re-established especially in children of school age.

Biography

Ahmed K Dyab is the profe	essor and Head of the N	Aedical Parasitology Depar	rtment at the Assiut University, Egypt
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ahmedsaf2001@yahoo.com

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