

7th International Conference on

Allergy, Asthma and Clinical Immunology

September 14-15, 2016 Amsterdam, Netherlands



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Rossiter respiratory technique: The bio-mechanical method of easing the structural symptoms of asthma

Refine the structure of squamous cells and the smooth muscle linings of the bronchial tubes through a method of structural bio-mechanical means (RRT). It is a unique system of redistributing the balance of tissue in resolving adverse bio-mechanical conditions such as asthma or COPD in restricted airways. It recreates the proper balance of the lung's pleura, bronchus, bronchioles and the associated smooth muscle. Plus, because the balance of the epithelial lining fluid is tightly regulated, the tightness of the airways regulates the particulates and pathogens that get into the system. Therefore, it is imperative to free up the epithelium layers within the bronchus itself. Then by directly involving bio-mechanical forces to stratified squamous epithelium and the smooth muscle system, it can be changed when subjected to the proper use of mechanical force. Releasing the tension from the bronchus to the bronchiole creates a direct path of intervention from the bronchus, of the entire gas field, to the respiratory b's to within the alveolar ducts themselves. This method produces an immediate release of more gas into the alveolar ducts, oxygenating the entire organism. The use of biomechanical movements and depth of contact has not yet been fully determined, further research is recommended and is ongoing. The system is based on working in the fascial system. By recreating the body's originally designed space, the body immediately regains full use of the lungs. The techniques usually take 10-15 minutes at most. People stay at work, need no time off and stay productive.

Biography

Richard H Rossiter has spent 34 years in the Alternative Medicine field and has spoken at many national and state level conferences. He has written 3 books on pain. He is a Member of the Hall of Fame of the World Massage Conference. He has been a presenter at the National Touch for Health Conference, Speaking of Women's Health conference and speaker at the Arkansas Bar Association as well as other events.

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