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Drug abuse - an uncontrollable phenomenon!?

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Objective: The most important objective of this presentation was to attract attention that sometimes the prescription of drugs become abusive and the phenomenon is really very difficult to be controlled.

Material & Methods: The idea of this presentation appeared after many clinical observations from my medical practice, regarding a new phenomenon. The intention of the patients is to consult many doctors, from different specialties in a short period of time, for diverse health issues and because every physician prescribe his therapeutic scheme, in the end the patient accumulate many therapeutic schemes in same time and in conclusion a lot of drugs, many unnecessary. Interactions between these accumulations of drugs from different classes are indeed very difficult to monitor and quantify. The truth is that many unnecessary drugs appear in complexes therapeutic scheme, most of them are difficult to be stopped immediately. Often the patients came with severe allergic reactions, which after investigations remain of unknown etiology and, the interactions between different classes of medications represent the real cause of allergy.

Results & Discussions: Because the patients consult many physicians in a short period of time, abusive therapeutics schemes appear in the medical practice and the phenomenon is difficult to be controlled. More than that, sometimes the patients administers other drugs on their own initiative and complicates the situation even more.

Conclusion: The most important conclusion of this presentation is that the side effects between different classes of drugs represent a reality and the abusive therapeutic schemes with many unnecessary drugs must be stopped.

Biography

Manuela Stoicescu is a Consultant Internal Medicine Physician (PhD in Internal Medicine), and is an Assistant Professor at University of Oradea. She is working as Faculty of Medicine and Pharmacy, Medical Disciplines Department, Romania. She was invited as a Speaker at more than 30 international conferences in USA, China, Japan, Canada, Thailand, Dubai, Spain and Germany. She is a committee organizing member at many international conferences. She is an Editorial Board Member in two ISSN prestigious journals in USA, and published more than 20 articles in prestigious ISSN journals in USA. She published five books: two books for students, two books on Amazon at International Editor-LAP Lambert Publishing Academic House in Germany- "Sudden Cardiac Death in the Young" and "Side Effects of Antiviral Hepatitis Treatment", and one monograph: "High Blood Pressure in the Young A Ignored Problem!", two chapter books – "Cardiovascular diseases: Causes, Risks, Management" in CVD1- Cardiovascular Diseases: Causes, Risks, Management 1.5,1.6, USA on Amazon., a book in USA –"Tumor Markers in Hypertensive Young Patients".

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