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Today's advanced medical aesthetic treatments: A shift from invasive to non-invasive procedures

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Medical aesthetic procedures are a growing trend in developed countries, especially among baby boomers. Better drugs and disease management has greatly prolonged our lifespan. Therefore, age management with aesthetic treatments has become a part of the regular health treatments among many individuals who want to maintain their youthful and healthy appearance. This gives greater confidence and happiness. In addition, unsightly pigmentation, scars, wrinkles and old sagging skin can now be easily and safely be treated by applying these advanced energy devices. Healthy, strong, rejuvenated skin is the desired therapeutic goal. Patients that have been psychologically affected by their appearance will parallelly be treated. Hence, a positive and healthy mental state is an outcome during these treatment processes. With today's advances in technology, non-surgical cosmetic procedures have increased exponentially. There are now much energy based aesthetic technologies that deliver non-invasive treatments, giving rapid and efficient results with minimal complications. Treatments that are painless with no need for surgery, needles and no downtime have led to a surging of their popularity to anti-age one's appearance. Some of these modern aesthetic instruments include medical lasers, high intensity focused ultrasound, radio frequency, microwave, light based and pneumatic devices. Scientific high-tech equipment combined with the physician's holistic approach towards prevention and anti-aging treatments is essential. This presentation gives an overview of the current aesthetic trends and concepts, the range of treatment options, results and innovative developments of some of the prevalent non-invasive medical aesthetic treatments available.

Biography

Kenneth Thean has over 37 years' experience in healthcare. His passion and academic interests lie in using medical lasers and aesthetic energy based devices. His expertise is on using customized combinations of multiple energy devices to provide anti-aging skin rejuvenation treatments. He is a Fellow of the Royal College of Surgeons of Edinburgh and the Royal College of Physicians and Surgeons of Glasgow. He is the Medical Director of Ensoul Medical Clinic in Singapore and the Medical Advisor for the Pure Laser Clinic Group and the Puro Laser Clinics in Indonesia. He was the Founder Administrator and helped establish Singapore's National Skin Centre in 1988.

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